

To commemorate International Yoga Day i.e., today 21-06-2017, the Rashtriya Sanskrit Vidyapeetha has organised 45 days i.e., from 05-05-2017 to 21-06-2017 **YOGA THERAPY CAMP** in eradicate and minimise the diseases of present day scenario like ***SUGAR, BLOOD PRESSURE, LOW BACK PAIN*** and ***MENSTRUAL DISORDERS*** for the benefit of citizens of Tirupati, which came to a conclusion today. Over all, in this camp more 102 patients from all walks of life of Tirupati enrolled themselves for their alleviation of diseases.

In the morning @6-30 am, the ritualistic prayers were offered by the *Sadhakas* of the camp along with the Vice Chancellor of RS Vidyapeetha, **Prof. V. Muralidhara Sharma** to ***PATANJALI* statue** situated in the heritage corridor of RS Vidyapeetha, followed by YOGA PROTOCOL @7-30 am i.e, performing the different *ASANAS* as prescribed and instructions of the Director of Yoga Therapy Centre **Dr. A. Rajendra Reddy**; taken out a Rally @8-30 am in and around the Campus of RS Vidyapeetha i.e., went through Balaji Colony, Prakasam Road and back with more than 400 participants took part. And at 9-45 am the Valedictory function of the Camp began.

In his Presidential Address **Prof. V. Muralidhara Sharma** addressed the gathering and reiterated that " by relishing the *Nectar of Patanjali* i.e., ***YOGA***, one can eradicate any type of *Rugmata* (i.e., disease) and revitalise themselves. That is why,we can be proud by mentioning that '*Mera Bharat Mahan*' i.e.,in three areas of Indian Tradition ***YOGA, DARSANAS & AYURVEDA***, which is now being preached and practised by entire world.Among these, the Yoga is being adopted by more than 150 plus countries, which gives enormous results to their people. Thanks to our Hon'ble Prime Minister **Shri Narendra Modi ji**, who is instrumental in bring entire universe to adopt today as International Day of YOGA. And I appeal to all *Sadhakas*, who attended this camp to continue the yoga therapy for their longevity and

brevity. Such types of Camps will be conducted continuously for the sake of society and to see that "*Swaasthya Tirupati*" in future.

The Guest of Honour, **Prof. M.L.Narasimha Murthy**, former VC of Vidyapeetha praised the relevance of Yoga by stating "Yoga can only stop evils in your mind. Even, the Bhagavadgita rightly pointed out that everything can be cherished and nourished from Yoga".

Another speaker, **Prof. Ch.P. Satyanarayana**, the Dean of Sahitya and Sanskriti stressed that " because of stress and speed in the present day scenario, nothing can be done without practice and preaching of the Yoga".

The response from the *Sadhakas* of camp **Smt. Manjula, Smt.Sumathi, Dr. Ramesh, Sri Chandrasekhar** and others was very soothing for the organisers to organise such type of camps continuously for the benefit of patients.

The function was started with a welcome note and report by the Director of the Yoga Therapy Centre **Dr. A. Rajendra Reddy** and attended by the Registrar, **Prof.C. Umashankar**, the **Deans**, the **Senior Faculty Members**, the Non-Teaching Staff, Students of Vidyapeetha and others.